## The confidence gap

From uncertainty to financial clarity, the journey of high net worth (HNW) women through divorce.

BMO Wealth Management conducted research to better understand HNW women's financial **confidence** throughout the divorce process and examine the role attorneys and advisors play. The results indicate that women whose spouses made the wealth decisions at home often

experience the steepest drop in confidence and more tension in their relationship with their divorce attorneys. However, the study also highlights new possibilities and opportunities for those who seek out the right advice. Here are some key statistics from BMO's Divorce Report and how attorneys and advisors can help restore HNW women's financial confidence.

## confidence...

Decreased financial confidence during divorce proceedings

Financial engagement during marriage fuels



...without it,





## likely to scale back on:

women are more





HNW women who made no changes to lifestyle

responsible for managing

wealth were less likely to

scale back their spending.

Women who were



Shared

equally



90%

Lack of involvement in household finances can impact divorce outcomes.

# said their settlement was lower than they expected.

felt they didn't have access to enough money to litigate their divorce

Shared equally

Self responsible

to litigate their divorce.

The fastest way to help women regain control over their wealth: advice and support.

### How financial confidence evolves over the divorce journey Spouse responsible



#### 90% 86% 80%

70%

60%

50%

40%

30%

20%

10%

Women who work with an attorney only versus a team



Attorney only

Team

Shared Spouse Self equally responsible responsible impact on their financial confidence.

14%

83%

**17**%

58%

42%

#### For women experiencing divorce

A broader team of experts can lead to better divorce outcomes.

table early.

Be at the financial

rebuild confidence.

Find an advisor

after divorce to help

said their financial advisor has had a positive **Key takeaways** 7 (8 (9 (÷ 456x1)(2)(3)(-

### Forge relationships with finacial advisors.

For family law

attorneys

Bring in advisors at the start of the process. Offer more personalized

services and bring in a team of financial professionals.

Contact BMO today and put our expertise to work for you.

This information is an excerpt from BMO's report, The Confidence Gap: From uncertainty to financial clarity, the journey to rebuilding wealth after divorce.

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